



MISSISSAUGA MARATHON.COM

10KM Student Relay

Dear School Principal, Physical Education Teacher or Coach,

The 2017 Mississauga Marathon would like to invite you to participate in the 10KM Student Relay! This is a great opportunity to get students involved in a physically active event, while encouraging them to lead an active and healthy lifestyle. The Mississauga Marathon is also a great way to promote the importance of participating in community events to students of all ages.

Following this letter is an information package which will provide you with an overview of the entire weekend and the necessary information regarding the 10KM Student Relay.

The Mississauga Marathon will continue to offer ways of making participation easier for teachers, parents, and students.

- If your school is registering several relay teams, we can arrange for pre-packaged t-shirts to speed up the pick-up process at the Runner's Expo.
- Schools are encouraged to participate in the 10KM Student Relay and can raise money for their own athletic program. The pledge form is available at: www.mississaugamarathon.com/charity-partners/

Please visit the following links for more event information:

10KM Student Relay: www.mississaugamarathon.com/10k-student-relay/
Mississauga Marathon: www.mississaugamarathon.com

For any further questions or concerns please email us at: info@mississaugamarathon.com or call 905-949-2931.

We look forward to hearing from you soon!





2017 - 10KM Student Relay Information Package

EVENT START

Saturday, May 6th, 2017 at 6:30 PM
On Lakeshore Road at Johnson's Lane (just east of Clarkson Road)

RACE KIT PICK-UP

Race kits must be picked up at the Runner's Expo by a team representative **NO LATER THAN 3:00 PM ON SATURDAY, May 6th**. The Runner's Expo will take place at the Port Credit Memorial Arena (40 Stavebank Road North, Mississauga).

T-shirts, race bibs and one timing chip will be included in these kits. Team bibs will all have the same number or the same team name and a different letter. The letter corresponds to your running position i.e. A = Runner 1. The team will receive **ONE** timing chip in their race kits. The timing chip will be connected to the bib of Runner D, and the runner crossing the Finish Line *must* wear the Runner D bib, even if they are running multiple legs.

Runner's Expo Hours

Friday, May 5th, 2017: 11:00 AM to 8:00 PM
Saturday, May 6th, 2017: 10:00 AM to 5:00 PM

NOTE: Race Kits MUST be picked up by 3:00 PM sharp! Race kits will no longer be available for pick up after 3:00 PM.

COURSE

The 10KM Student Relay will follow the same course as the MNP 10KM. Teams will be comprised of two, three OR four members and may be all male, all female or co-ed. The course has been divided into four (4) legs for the relay event, with each member of the team being responsible for one, two or three legs. Exchange points are the same for every team.

EXCHANGE POINTS

Start Area – Lakeshore Road at Johnson's Lane (east of Clarkson Road)

All relay runners will go to the first shuttle bus meeting location which is located at Clarkson GO Station (1110 Southdown Road, Mississauga). From here, they will take a bus to their relay exchange location. We suggest using a sign, banner or school colours to identify your team in the bus area.

- All runners (A, B, C and D) are to be at their bus meeting locations **no later than 5:00 PM**, as buses will be departing for their respective exchange points at this time.



Exchange # 1 (2.5 KM) - South side of Lakeshore Road at Rhododendron Gardens Park
(Runner B will start here)

- Runners will wait here for runner A to arrive.
- Touching hands will signify the exchange. Runners waiting for their teammate are asked to stay off the course until their teammate arrives.
- Runner A will be shuttled to the finish line area once ALL Runner A's have sent their B Runners on their way.

Exchange #2 (5.0 KM) - Front Street South at J.C Saddington Park on the east side of the park near where the Credit River enters the lake

(Runner C will start here)

- Runners will wait here for runner B to arrive.
- Touching hands will signify the exchange. Runners waiting for their teammate are asked to stay off the course until their teammate arrives.
- Runner B will be shuttled to the finish line area once ALL Runner B's have sent their C Runners on their way.

Exchange # 3 (7.5 KM) - South side of Cumberland Drive at Hiawatha Park.
(Runner D will start here while **wearing the timing chip on their bib**)

- Runners will wait here for runner C to arrive.
- Touching hands will signify the exchange. Runners waiting for their teammate are asked to stay off the course until their teammate arrives.
- Runner C will be shuttled to the finish line area once ALL Runner C's have sent their D Runners on their way.





FREE SHUTTLE BUSES

Mississauga Transit buses will be used for transporting all 10KM Student Relay participants to their designated start lines along the course, then to the finish to reunite with their team mates and back to where they parked after their race. Please see below for further bus information and our shuttle bus schedule to follow.

- Buses from Clarkson Go will be identified as “Relay Runner A”, “Relay Runner B”, “Relay Runner C” and “Relay Runner D”.
- Be sure to board the correct bus in order to get dropped off at the appropriate relay exchange point, especially if you are a team of only 2 or 3 students.
- Make sure you know in advance which runner is completing the leg before you so you know who to look for at your specific exchange area.
- Buses dropping students off at each relay exchange point will remain on site to bring all arriving relay runners to the finish area i.e. start line for relay runner B will wait for all runner A’s to arrive and shuttle them to the finish area, except for relay runner “D” who completes their relay leg at the official Finish Line.
- Runners will be able to use the bus as shelter at the exchange point before their team member arrives.
- Parents and/or teachers are welcome to accompany students on the relay buses but only if space permits.

SHUTTLE BUS SCHEDULE

Time	Departure Point	Destination	Who rides this bus?
4:30 PM - 5:30 PM	Clarkson Go	Lakeshore Road at Johnson's Lane (MNP 10KM Start)	Runner A
Buses leaving at 5:45 PM SHARP!	Clarkson Go	Rhododendron Gardens	Runner B
Buses leaving at 5:45 PM SHARP!	Clarkson Go	J.C. Saddington Park	Runner C
Buses leaving at 5:45 PM SHARP!	Clarkson Go	Cumberland Drive at Hiawatha Park	Runner D
Buses leaving at 5:45 PM SHARP!	Clarkson Go	Lakefront Promenade Park (Finish)	Spectators
1 bus leaving at 6:15 PM SHARP!	Lakeshore Road at Johnson's Lane (10KM Start)	Lakefront Promenade Park (Finish)	Spectators
6:30 PM - 8:30 PM	Lakefront Promenade Park (Finish)	Clarkson Go	Runners & Spectators
6:30 PM - 8:30 PM	Lakefront Promenade Park (Finish)	Clarkson Go	Runners & Spectators

PLEASE NOTE: The above shuttle bus destinations may be slightly different than the exchange points so the buses do not interfere with the race route. However, each bus drop off/pick up location is within a very short walking distance.



BAGGAGE

It is recommended that participants have suitable clothing with them depending on the weather before and after their run. Runners (especially those running the later legs of the course) will be waiting for a period of time prior to their run. In addition, participants who have completed their run will have to wait a short period of time before departing for the finish line.

Please note that the final runner (and other team members) should make arrangements for dry clothing to be at the finish. Runners will need to coordinate with their team members how they will handle their baggage needs on race day. We recommend the following:

- Runner A gives their clothing to Runner B prior to the race so that it is waiting for them at the first exchange point.
- Runner B can leave their clothing at their exchange point with Runner A and run to the next exchange where Runner C will have their clothing...and so on.

T-SHIRTS

All participants will receive a Mississauga Marathon participant t-shirt with their registration in which a representative from your team (that you have pre-arranged) will pick up at the Runner's Expo. If picking up race kits on Saturday, please ensure you are there well before 3:00 PM to ensure you are ready and get to your race start location on time.

TIMING & PRIZING

Timing for the relay will be based on "Gun Time" (from the time the horn sounds at the start line, to the time Runner D crosses the finish line). The team member running the final leg of the course will be responsible for wearing the timing chip and recording the team's official time for the event. This time will be the time posted on our event website after the race.

Prizes will be awarded to the top three teams in the male, female and co-ed categories in the Elementary under Grade 5 category and the Elementary Grade 6 to 8 category. There is also a Secondary School division category that will be awarded for the top three male, female and co-ed categories.

FINISH AREA

- Teams should meet in the finish area after the race.
- The final runner will receive all the medals for all of their team members.
- Awards will start at 7:30 PM.
- There is additional spectator parking and shuttle buses at the Carmen Corbasson Community Centre (formerly known as Cawthra Community Centre) going to the finish line to see the participants finish and enjoy the entertainment.
- The buses will then transport spectators from finish area back to the Carmen Corbasson Community Centre between 6:30 PM and 8:30 PM

2017 10KM Student Relay Registration Form



The **10KM Student Relay** takes place on **Saturday, May 6th, 2017** in conjunction with our 10KM event. Teams in the 10KM Student Relay may have 2, 3 or 4 members, each completing at least one 2.5KM leg of the 10KM course.

COST PER TEAM:

	By Feb 8 th	By March 29 th	By April 19 th
Fee	\$110.00	\$120.00	\$140.00
HST	\$14.30	\$15.60	\$18.20
TOTAL COST	\$124.30	\$135.60	\$158.20

REGISTRATION CLOSES WEDNESDAY, APRIL 19th, 2017 at 11:59 PM.

TEAM NAME* _____

*(The Team Name as it appears above will be printed on all team member bibs.)

No. of Team Members _____ School Name: _____

School Address _____

Team Leader/Liaison _____

Phone _____ E-MAIL _____

CATEGORY: Elementary Gr.1 to 5 → all male all female co-ed
 Elementary Gr.6 to 8 → all male all female co-ed
 Secondary Team → all male all female co-ed

Team Member First and Last Name _____

- Please complete a **separate** form for each of the participants and submit all forms together.

Please circle your relay leg: **A**, **B**, **C**, or **D** Male Female

Grade: _____ Date of Birth (DD/MM/YYYY): ____ / ____ / _____

WAIVER, RELEASE AND INDEMNIFICATION (Each team member must agree to waiver by signing below)

In consideration of the acceptance of my application and the permission to participate as a volunteer or competitor in the Mississauga Marathon, in any or all of the following events: the Full Marathon, Sal Guzzo, LL.B. Relay Challenge, Half Marathon, MNP 10KM, 10KM Student Relay, Novo Nordisk® "Hazel" 5KM, 2KM Fun Run/Walk, post-race activities on Saturday, May 6th and Sunday, May 7th, 2017 and any other 2017 Mississauga Marathon activities that take place prior to or after the event. I, for myself my heirs, executors, administrators, successors and assigns, hereby release, waive and forever discharge The City of Mississauga, the Peel Regional Police, the Chief of Police, the Mississauga Transit Commission, the Ministry of Transportation of Ontario, all sponsors and contributors, Landmark Sport Group Inc. and its employees and volunteers, the Mississauga Marathon Organizing Committee, and all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, contractors, representatives, elected and appointed officials, successors and assigns of and from all claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity in respect of death, injury, loss or damage to my person or property however caused, arising or to arise by reason of my participation in the said event, whether as a spectator, participant, competitor, volunteer or otherwise, whether prior to, during or subsequent to the event, and notwithstanding that same may have been contributed to, or occasioned by, the negligence of any of the aforesaid. When you participate in any event or volunteer during the 2017 Mississauga Marathon, the staff has the right to use your image for promotional and marketable purposes. I further hereby undertake to hold and save harmless and agree to indemnify all of the aforesaid from and against any and all liability incurred by all of them as a result of, or in any way connected with, my participation in the said event. By submitting this entry I acknowledge having read, understood and agreed to the above waiver, release and indemnity. I warrant that I am physically fit to assist/participate in this event.

Print Name _____ Signature or Parent/Legal Guardian Signature (under 18 years of age) _____ Date _____

ALL ENTRIES ARE NON-REFUNDABLE & NON-TRANSFERABLE

All forms with payment **MUST BE RECEIVED** by the price increase date to pay that specific price.