

# 2017 Sal Guzzo, LL.B. Team Relay Challenge

## Information Package

### **EVENT START TIME**

Sunday, May 7<sup>th</sup>, 2017 at 7:30 AM

(Start is in conjunction with the Full Marathon and Half Marathon)

### **RACE KIT PICK-UP**

Race kits must be picked up at the **Runner's Expo** by a team representative. The team will receive only **one** timing chip with their race kits. The **final relay runner must wear this timing chip**. The chip is to stay connected to the back of the bib of Runner E. The person who wears the timing chip must be the person who crosses the Finish Line.

Race kits include shirts, gift bags and bibs for all members. Each runner will have the same bib number team name with a different letter representing their relay position (ie: A = Runner 1).

### **The Runner's Expo:**

Friday, May 5<sup>th</sup>, 2017: 11:00 AM – 8:00 PM

Saturday, May 6<sup>th</sup>, 2017: 10:00 AM – 5:00 PM

Port Credit Memorial Arena

40 Stavebank Road North, Mississauga, ON, L5G 2T8

### **COURSE**

The Sal Guzzo, LL.B. Team Relay Challenge will be run on the Marathon course (26.2 miles/42.2 KM) divided into five legs for the relay. Each member of the team is responsible for one leg (for teams with less than five members, one runner will need to complete multiple legs. The distances of each leg of the course are as follows:

- Runner A: Start to 8KM point = 8KM
- Runner B: 8km point to 16KM point = 8KM
- Runner C: 16KM point to 24KM point = 8KM
- Runner D: 24KM point to 32KM point = 8KM
- Runner E: 32KM point to finish = 10.2KM

### **EXCHANGE POINTS**

The exchange points will be set up along the course according to the distances above. They are the same for every team regardless of the number of team members. The location of each exchange point is listed below. For a detailed map of each location please refer to

[www.mississaugamarathon.com/marathon-relay/](http://www.mississaugamarathon.com/marathon-relay/)

Portable toilets are located at aid stations near the relay exchange points.

Teams are encouraged to select a team “baton” to represent their cause or organization. It is recommended that this “baton” is something small and light in weight that will not impede running ability. For example, a team of runners representing a graduating class may choose a rolled up imitation diploma to pass from one runner to the next as the relay progresses.

**Start Line: Celebration Square, City Centre Drive & Duke of York Blvd** (Runner A will start here)

- Main starting area.
- On the Southwest side of Square One Mall.

**Exchange Point #1 (8KM mark): Outer Circle Road & Inner Circle Road at the University of Toronto Mississauga Campus** (Runner B will start here)

- Runner B will wait here for runner A to arrive.
- Touching hands or passing of team “baton” will signify the exchange. Runners waiting for their teammate are asked to stay off the course until their teammate arrives.
- Runner A will be shuttled to the finish line area once all relay runners have passed the exchange point.

**Exchange #2 (16KM mark): Indian Road at Caldwell Avenue** (Runner C will start here)

- Runner C will wait here for runner B to arrive.
- Touching hands or passing of team “baton” will signify the exchange. Runners waiting for their teammate are asked to stay off the course until their teammate arrives.
- Runner B will be shuttled to the finish line area once all relay runners have passed the exchange point.

**Exchange #3 (24KM mark): Lakeshore Road West at Hazelhurst Road** (Runner D will start here)

- Runners will wait here for runner C to arrive.
- Touching hands or passing of team “baton” will signify the exchange. Runners waiting for their teammate are asked to stay off the course until their teammate arrives.
- Runner C will be shuttled to the finish line area once all relay runners have passed the exchange point.

**Exchange #4 (32KM mark): Lakeshore Road West at Bexhill Road** (Runner E will start here)

- Runners will wait here for runner D to arrive.
- Touching hands or passing of team “baton” will signify the exchange. Runners waiting for their teammate are asked to stay off the course until their teammate arrives.
- All Runners will be shuttled to the finish line at Lakefront Promenade.

**Finish Line (42.2KM mark): Lakefront Promenade Park**

- Runner E (or in the case of teams with fewer than five members, the last runner who is the one wearing the timing chip) will cross here and meet the remainder of his teammates.

Please Note: Participants and spectators are encouraged to actively participate in the “See Something, Say Something” campaign. Spectators are asked to be aware of their surroundings and to report suspicious conduct or items to the closest law enforcement officer or by calling 9-1-1.

## **On Course Information**

- Aid Stations will be approximately every 4KM.
- Fluids at all stations: Gatorade and water.
- Other supplies at aid stations: Vaseline, bandages.
- Gels at 24KM, 34KM and 38KM marks.

Please Note: The Mississauga Marathon course will be open for 6.5 hours. A rolling clear will occur at the rate of slightly over 9 minutes/ KM (14:30 min/mile). Participants moving slower than this pace will be asked by Police to move onto the sidewalk and proceed to the finish line obeying regular pedestrian road rules.

## **SHUTTLE BUSES**

Mississauga Transit buses will transport team members to their exchange points along the course prior to the race. Please see below for further bus information and the relay bus schedule to follow.

Please Note: Anyone (participants and spectators) who plans to use the event shuttle buses while being accompanied by a dog, must have them caged or muzzled to board any of the buses.

- Runners B, C, D and E, must board the correct bus in order to be shuttled to their appropriate relay exchange point. Buses will be identified as “Relay Runner B”, “Relay Runner C”, “Relay Runner D” and “Relay Runner E”.
- Runner A can go directly to the start line and park near Square One or take one of the Mississauga Transit buses from the designated parking lot. They will be filled on a ‘first-come, first-served’ basis.
- Buses will remain at the exchange points to bring all arriving relay runners to the finish (Except for E runners).
- Buses will return runners and spectators to the start line parking lots as well as the relay parking lot.
- Runners will be able to board the bus at the exchange point before their team member arrives.

**Relay buses will remain at the exchange points until the last exchange runner departs.**

<b>Sal Guzzo, LL.B. Relay Challenge Buses</b>			
<b>Time</b>	<b>Departure Point</b>	<b>Destination</b>	<b>Who Rides This Bus</b>
5:00 AM - 6:30 AM	Carmen Corbasson Community Centre	Runner A Start Area	Runner A
Buses leave at 6:45 AM SHARP!	Carmen Corbasson Community Centre	Runner B Start Area	Runner B
Buses leave at 7:15 AM SHARP!	Carmen Corbasson Community Centre	Runner C Start Area	Runner C
Buses leave at 7:45 AM SHARP!	Carmen Corbasson Community Centre	Runner D Start Area	Runner D
Buses leave at 8:15 AM SHARP!	Carmen Corbasson Community Centre	Runner E Start Area	Runner E
7:30 AM - 12:00 PM	Carmen Corbasson Community Centre	Finish Area	Spectators
9:00 AM - 3:00 PM	Finish Area	Carmen Corbasson Community Centre	Participants & Spectators
9:00 AM - 3:00 PM	Finish Area	Runner A Start Area	Participants & Spectators
<b>PLEASE NOTE: The last relay Runner A bus going to the start line will leave at 6:30 AM SHARP!</b>			

## **BAGGAGE**

It is recommended that relay participants have suitable clothing with them depending on the weather before and after their run. Participants (especially those running the later legs of the course) will be waiting for a lengthy period of time prior to their run. In addition, participants who have completed their run will have to wait a short time before departing for the finish.

Participants will need to coordinate with their team members to handle their clothing needs on race day. We recommend the following:

- The final runner will need to make arrangements to have dry clothing at the finish.
- Runner A gives their clothing to Runner B so that it is waiting for them at the first exchange point. Runner B can leave their clothing at the exchange point with Runner A and run to the next exchange where Runner C will have their clothing...and so on.

## Start Area Parking

While it is recommended to use the **free** shuttle bus service, there will be limited parking spaces at the following locations near the start line for Runner A.

201 City Centre Drive  
77 City Centre Drive  
55 City Centre Drive  
33 City Centre Drive  
1 City Centre Drive  
309 Rathburn Road West (Cineplex Cinemas Mississauga – West Lot ONLY)  
2 Robert Speck Parkway  
3 Robert Speck Parkway  
4 Robert Speck Parkway

For detailed directions from each of the above lots to the Mississauga Marathon start line, please visit: [www.mississaugamarathon.com/marathon-relay/](http://www.mississaugamarathon.com/marathon-relay/).

## **THERE IS NO AUTHORIZED PARKING AT SQUARE ONE SHOPPING CENTRE**

Parking enforcement will be on site during Race Weekend so please obey all signs and only park in the designated spaces.

## TIMING AND PRIZING

Timing for the relay will be based on “Gun Time” (from the time the horn sounds at the start line, to the time Runner E crosses the finish line). **The team member running the final leg of the race (Runner E) will be responsible for wearing the timing chip.** This time will be the time posted on the event website after the race.

Prizes will be awarded to the top **THREE** (3) overall teams. There are no age or gender categories in this event.

## FINISH AREA

- Awards will start at 11:00 AM. Runners will enjoy food, fluids and entertainment after their race in the finish area. Prizes are awarded the top three overall relay teams.
- There is no parking at the Finish Area. Runners and spectators are encouraged to use our **free** shuttle bus service.

# See you at the 2017 Mississauga Marathon!



## Team Relay Challenge Entry Form

**Write Team Name Above** (This name will be printed on your bibs)

TEAM REGISTRATION CLOSURES: WEDNESDAY, APRIL 26<sup>th</sup>, 2017.

### Team Captain/Main Contact

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Male \_\_\_ Female \_\_\_  
 Address: \_\_\_\_\_ City \_\_\_\_\_ Postal Code \_\_\_\_\_  
 Tel: \_\_\_\_\_ Off. Tel \_\_\_\_\_ Email \_\_\_\_\_ I agree to waiver (please check):   
 SIGNATURE: \_\_\_\_\_ Parent/Legal Guardian Signature if under 18 yrs \_\_\_\_\_

### Team Member #2

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Male \_\_\_ Female \_\_\_  
 Address: \_\_\_\_\_ City \_\_\_\_\_ Postal Code \_\_\_\_\_  
 Tel: \_\_\_\_\_ Off. Tel \_\_\_\_\_ Email \_\_\_\_\_ I agree to waiver (please check):   
 SIGNATURE: \_\_\_\_\_ Parent/Legal Guardian Signature if under 18 yrs \_\_\_\_\_

### Team Member #3

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Male \_\_\_ Female \_\_\_  
 Address: \_\_\_\_\_ City \_\_\_\_\_ Postal Code \_\_\_\_\_  
 Tel: \_\_\_\_\_ Off. Tel \_\_\_\_\_ Email \_\_\_\_\_ I agree to waiver (please check):   
 SIGNATURE: \_\_\_\_\_ Parent/Legal Guardian Signature if under 18 yrs \_\_\_\_\_

### Team Member #4

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Male \_\_\_ Female \_\_\_  
 Address: \_\_\_\_\_ City \_\_\_\_\_ Postal Code \_\_\_\_\_  
 Tel: \_\_\_\_\_ Off. Tel \_\_\_\_\_ Email \_\_\_\_\_ I agree to waiver (please check):   
 SIGNATURE: \_\_\_\_\_ Parent/Legal Guardian Signature if under 18 yrs \_\_\_\_\_

### Team Member #5

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Male \_\_\_ Female \_\_\_  
 Address: \_\_\_\_\_ City \_\_\_\_\_ Postal Code \_\_\_\_\_  
 Tel: \_\_\_\_\_ Off. Tel \_\_\_\_\_ Email \_\_\_\_\_ I agree to waiver (please check):   
 SIGNATURE: \_\_\_\_\_ Parent/Legal Guardian Signature if under 18 yrs \_\_\_\_\_

	by Nov. 2 <sup>nd</sup>	by Feb. 8 <sup>th</sup>	by Mar. 29 <sup>th</sup>	by Apr. 26 <sup>th</sup>
Entry Fee	\$200.00	\$225.00	\$275.00	\$300.00
HST	\$26.00	\$29.25	\$35.75	\$39.00
<b>TOTAL</b>	<b>\$226.00</b>	<b>\$254.25</b>	<b>\$310.75</b>	<b>\$339.00</b>

I give permission for Landmark Sport Group to contact all teams members via email, for event details: Yes  No

### WAIVER, RELEASE AND INDEMNIFICATION (Each team member must agree to waiver in above entry box.)

In consideration of the acceptance of my application and the permission to participate as a volunteer or competitor in the Mississauga Marathon, in any or all of the following events: the Full Marathon, Sal Guzzo, LL.B. Relay Challenge, Half Marathon, MNP 10KM, 10KM Student Relay, Novo Nordisk® "Hazel" 5KM, 2KM Fun Run/Walk, post-race activities on Saturday, May 6<sup>th</sup> and Sunday, May 7<sup>th</sup>, 2017 and any other 2017 Mississauga Marathon activities that take place prior to or after the event. I, for myself my heirs, executors, administrators, successors and assigns, hereby release, waive and forever discharge The City of Mississauga, the Peel Regional Police, the Chief of Police, the Mississauga Transit Commission, the Ministry of Transportation of Ontario, all sponsors and contributors, Landmark Sport Group Inc. and its employees and volunteers, the Mississauga Marathon Organizing Committee, and all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, contractors, representatives, elected and appointed officials, successors and assigns of and from all claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity in respect of death, injury, loss or damage to my person or property however caused, arising or to arise by reason of my participation in the said event, whether as a spectator, participant, competitor, volunteer or otherwise, whether prior to, during or subsequent to the event, and notwithstanding that same may have been contributed to, or occasioned by, the negligence of any of the aforesaid. When you participate in any event or volunteer during the 2017 Mississauga Marathon, the staff has the right to use your image for promotional and marketable purposes. I further hereby undertake to hold and save harmless and agree to indemnify all of the aforesaid from and against any and all liability incurred by all of them as a result of, or in any way connected with, my participation in the said event. By submitting this entry I acknowledge having read, understood and agreed to the above waiver, release and indemnity. I warrant that I am physically fit to assist/participate in this event.

## ALL ENTRIES ARE NON-REFUNDABLE & NON-TRANSFERABLE

All forms with payment **MUST BE RECEIVED** by the price increase date to pay that specific price.

Mississauga Marathon, Landmark Sport Group Inc., 5500 Rose Cherry Place, Mississauga, ON, L4Z 4B6  
 Phone: 905-949-2931 Fax: 905-949-4984 Email: [info@mississaugamarathon.com](mailto:info@mississaugamarathon.com) Website: [www.mississaugamarathon.com](http://www.mississaugamarathon.com)